

BIO DATA

Name : **BRIGADIER K NARARAYANAN**

Date of Birth : 22 Nov 1958

Service Experience : Joined Armed Forces Medical Services
on 09 Mar 1981

Specialist Appointments : Specialist in Medicine from 1989
: Super Speciality in Rheumatology from 1999
: Graded Spl Medicine : Army Hospital, Delhi
153 GH (Leh), MH Ramgarh
Classified Spl Medicine : MH Jalandhar, MH Chennai
Rheumatologist : Command Hospital (EC) Kolkata
Sr Advisor (Medicine & Rheumatology) : Army Hosp
(R & R), Delhi Cantt, Command Hosp (CC),
Lucknow.(Associate Prof)
Consultant Medicine & Rheumatology (Prof & HOD)
Command Hospital (CC), Lucknow
Prof & HOD ,Medicine & Rheumatology,CH (AF)
,Banglore

Present Appt : Consultant Rheumatologist ,Dr Shenoy's CARE.

Teaching Experience : Undergraduate - 25 Years
Post Graduate -13 Years &
DNB Rheumatology - 3 Years.

: PG Examiner, KGMU Lucknow, RGUHS Bangalore
and Kerala University Health Science

: Examiner for dissertation in AIIMS,
New Delhi

Residence : Prashandi Narayaneeyam, Manjoor P.O-686603
Kottayam dist.

Phone Nos : Mob - 9679774635

E-mail : knari1958@gmail.com

- Qualifications : MBBS - AFMC, Pune in 1981
MD (Med) - AFMC, Pune in 1989
Post Doctoral Training in Rheumatology
- Madras Medical College in 1997-1999
- Awards : (i) COAS Commendation for meritorious service - 1993
(ii) Eastern Army Commander's Commendation in 2007
- Life member of : (i) Association of Physicians of India (API)
(ii) Indian Rheumatology Association (IRA)
- Other Achievements :
(i) Member of Executive Committee – IRA(2010-12)
(ii) Member of National Editorial Board of Indian Journal of Rheumatology
(iii) Referee for Indian Journal of Rheumatology and Medical Journal of Armed Forces India
(iv) Invited to deliver a talk in APLAR 2008 at Yokohama, Japan
(v) Awarded Kolkon Oration, IRACON-2011, CMC Vellore (TN)

Scientific Publications :-

- (a) A case of systemic Lupus Erythemaosus with Antiphospholipid Syndrome. **Lt Col K Narayanan**, Rajendran CP, Porkudi R, Thenmozhivalli P R. JIRA, Vol 6, Apr-Jun 1998, 41-2, ISSN 0971-5045.
- (b) Temporal Arteritis - Pictorial CME. **K Narayanan**, C Panchapakesa Rajendran. JAPI, Vol 48, Apr 2000; 416. ISSN 004-5772.
- (c) **Late Onset Rheumatoid Arthritis - A Clinical and Laboratory Study.** **K Narayanan**, CP Rajendran, R Porkodi , R Madhavan. JAPI, Vol 49. March 2001; 311-3.
- (d) **A follow up study of Juvenile Rheumatoid Arthritis into Adulthood.** **K Narayanan**, CP Rajendran, R Porkodi, K Shanmuganandan. Vol 50, August 2002; 1039 - 41.
- (e) Paget's Disease of the Bone - Case Report. Lt Col **K Narayanan**, Lt Col N Ramakrishnan, Lt Col D Majumdar. MJAFI, Vol 59, Jan 2003; 70-2 ISSN - 0377-1237.

- (f) Immunosuppressive in Peripheral Ulcerative Keratitis - Case report.
Lt Col K Shyamsunder, Dr J Biswas, **Lt Col K Narayanan**.
MJAFI Vol 61, Apr 2005; 195.
- (g) Recent Advances in the Management of Osteoarthritis. - **K Narayanan**
Journal of Postgraduate Medical Education, Training & Research.
Vol I No 3 Jul-Dec 2006.
- (h) **Long Term Follow up of Infliximab Therapy in Inflammatory Arthritis.**
Indian Journal of Rheumatology. K Narayanan, KP Anand.
Vol 2 No 1 Mar 2007.
- (j) Management of HIV / AIDS . **Col K Narayanan**. AGI Journal (2007).
- (k) What is Your Diagnosis ? A Young lady with SLE and
Haemoptysis – Case Report. Marwaha V, **Narayanan K**. Indian Journal of
Rheumatology 2007 – June.
- (l) **Rheumatic Manifestations of HIV Infection –**
Narayanan K, Anand KP, Batra HS.
Indian Journal of Rheumatology Vol 3 No 1 March 2008.
- (m) Rituximab in Refractive Rheumatoid Arthritis - **Narayanan K**, DS Bhakuni,
Garg OP, Wg Cdr V Vasdev – APICON 2008, JAPI (Abstract Issue) Jan 2008.
- (n) Experience with Rituximab in Rheumatoid Arthritis (Correspondence).
Indian Journal of Rheumatology Sep 2009. Vol 4, No 3, Pages 136-137.
Narayanan K, Bhakuni DS, Garg OP; IJR Sep 2009.
- (o) **A Study to Evaluate the Correlation, Between SLEDAI, C3, C4 and anti dsDNA.**
Col K Narayanan, Lt Col V Marwaha, Lt Col K Shanmuganandan,
Lt Col S Shankar. MJAFI Vol 66, No 2 Apr 2010. Page 102-107.
- (p) Abatacept in Rheumatoid Arthritis- Indian Experience. **K Narayanan**,
DS Bhakuni, R Jain, V. Vasdev. International Journal of Rheumatic diseases.
Vol 13:1, Page 99, July 2010
- (q) Bone mineral density in young males with ankylosing spondylitis. V. Vasdev,
DS Bhakuni, **K Narayanan**, R Jain. Chadha D. International Journal of
Rheumatic diseases. Vol 14:1, Page 68-73, Feb 2011.
(Abstract published in July 2010).
- (r) Nailfold capillaroscopy by digital microscope in Indian population with
connective tissue disorders. DS Bhakuni, V Vasdev, **K Narayanan**, R Jain
International Journal of Rheumatic diseases. Vol 13:1, Page 207, July 2010.
- (s) Intramedullary Fat Necrosis, Polyarthritis and Panniculitis with Pancreatic
Tumor : A case report, International Journal of Rheumatic Diseases Oct 2010,
Vol 13. Issue 4, Pages e74-e87, Oct 2010.

- (t) Abatacept in refractory rheumatoid Arthritis - A pilot study. (Abstract). **K Narayanan**, DS Bhakuni, Rahul Jain, and V Vasdev. IJR,Vol5;3 (Suppl), Page S 17,Nov 2010
- (u) Nailfold capillaroscopy by digital microscope in an Indian population with systemic sclerosis. DS Bhakuni, V.Vasdev, MK Garg, **K Narayanan**, R Jain, G Mullick. International Journal of rheumatic diseases.15;1;95-101,Feb 2012.
- (v) Safety efficacy of Etanercept in Axial Spondyloarthritis - An observational study (Abstract). **Narayanan Krishnan**, Gautam Mullick. IJR , Vol 8 (Suppl) , Page S21,Dec 2013
- (w) What is your diagnosis? : SLE and Kikuchi's disease: A rare association. Mintu Mani Baruah, **Krishnan Narayanan**, B.S. Sunita, Atoshi Basu. Indian Journal of Rheumatology, Vol. 8, Issue 1, p41–43: March 2013
- (x) Successful autologous hematopoietic stem cell transplantation for a patient with rapidly progressive localized scleroderma. Velu Nair, Ajay Sharma, S Sharma, S Das, DS Bhakuni, **K Narayanan**, Vivek Nair, S Shankar. International Journal of rheumatic diseases.(APLAR grand round case).18:366-371; Mar 2015.
- (y) HIV infection presenting with dementia.(Case report) K Narayanan, Avneet Gupta, S Manoj, KP Seshadri. JAPI, Vol 63:8, Page 85,Aug 2015. Publication in CME / News Letters
- (z) High Altitude Pulmonary Oedema - Medicine Update. API -1992.
- (aa) Management of Ankylosing Spondylitis - Rheumatology. News Letter (INTERFACE-December- 2008).
- (ab) Management of Psoriatic Arthritis - Rheumatology News Letter (INTERFACE-December- 2009).

Presentation at National Conferences

- (a) Approach to a Case of Systemic Vasculitis - CME Lecture in IRACON 2007.
- (b) Ankylosing Spondylitis Revisited - Free Paper Presentation in IRACON 2007.
- (c) Rituximab in Refractory RA - Our Experience - IRACON 2007.
- (d) Workshops conducted on Biologics therapy & intra articular injections in Rheumatic disorders
- IRACON 2007,Khajuraho& National Rheumatology update, AHRR,New Delhi
- (e) Rituximab in Refractory RA - A pilot study - APICON 2008, Kochi.
- (f) Rituximab in Refractory Rheumatoid Arthritis - Is it cost effective?

- (g) Use of Infliximab in Ankylosing Spondylitis : A Practical Approach.
- (h) Pattern of DMARD use and associated co morbidities in chronic RA who have received more than 10 yrs of DMARD therapy.

Presentation at International Conferences

- (a) Rheumatic manifestations of HIV Infection - Talk delivered in APLAR 2008. Yokohama, Japan.
- (b) Rituximab in refractive rheumatoid arthritis - Is it cost effective ? Free paper presentation in APLAR 2008, Yokohama, Japan.

Research Work Undertaken

- (a) AFMRC Project No 3345/2005 titled - A Study to Evaluate the Correlation Between SLEDAI, C3, C4 and anti dsDNA.
Principal Worker : Col K Narayanan
- (b) AFMRC Project No 3633/2007 - Detection of anti dsDNA anti body in SLE - A comparison of crithidia luciliae IIF test with HEP - 2 Cell ANA pattern Elisa method. **Principal Worker : Col K Narayanan.**
- (c) Experience in High Altitude Medicinal Research Centre - Leh (Ladak) 1990-92 Worked as a co worker on various projects on Management of High altitude Pulmonary oedema and High altitude pulmonary artery hypertension.
- (d) Rapid induction to High altitude by pharmacological intervention in Eastern Himalayas- A pilot study - 2015.